



Feeling anxious? Overwhelmed?  
**You are not alone.**

Contact Student Counseling Services  
at (626) 395-8331. If calling after-hours or on  
weekends, press 2.

[wellness.caltech.edu/counseling](https://wellness.caltech.edu/counseling)

For more coronavirus information,  
resources, and support visit  
[together.caltech.edu](https://together.caltech.edu)

